

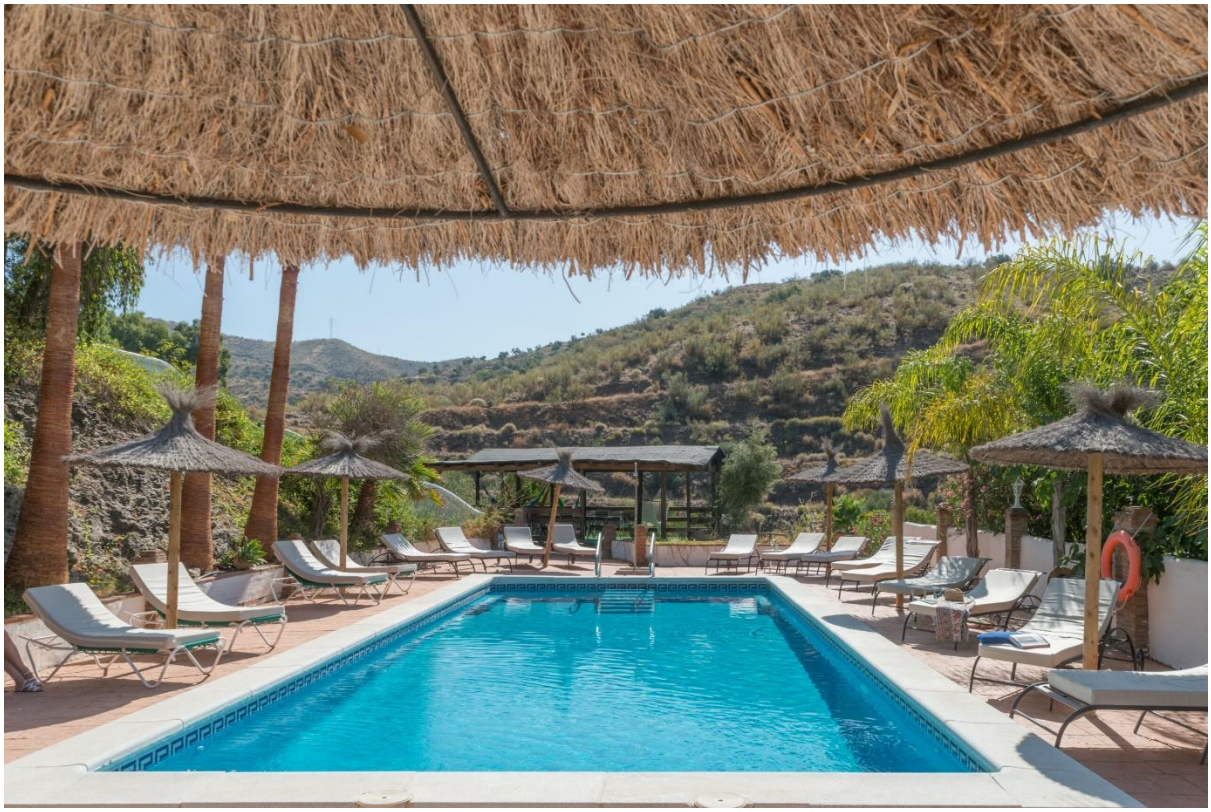
SANTILLAN YOGA BLISS RETREAT 2027

Malaga, Spain

Eva Kristlova and Marie Lopez would like to invite you to our new yoga holiday location – Santillan Retreat. A hillside yoga and wellness centre with outstanding sea views on the Costa del Sol, 30 minutes east of Malaga.

Holiday dates:

27th June 2027 – 3rd July 2027



Santillan Yoga and Wellness Retreat is an expansive Andalucian cortijo with gardens overlooking our own valley and on to the Mediterranean sea.

Located in the peace of the Spanish countryside, Santillan is only 35 minutes from Malaga airport.

Relax, recharge and restore with yoga, meditation, healthy eating, walking and therapies. Immerse yourself in nature within Santillan's peaceful tropical gardens and surrounding hills. It is the perfect setting for some time away from the hustle, bustle and noise of modern life.

Santillan's tropical Mediterranean gardens are a delight for the senses, a landscape constantly touched with new colour, rare species, fresh scents, and a passion for gardening.



Accommodation:

Santillan has 20 rooms, each individually styled, paying special attention to colour, harmony and balance with the environment. All rooms have en-suite bathrooms with a bath and shower, magnifying mirror, hair dryer and welcome products; air conditioning, heating, work desk and a balcony or patio with sea or garden/mountain views.

All our rooms could be used as single or double rooms, 5 of them are very big and can comfortably take a third single bed and be used as a triple room.

Check in: 27th June 2027 from 3.30pm onwards

Check out: 3rd July 2027 10am



YOGA with Eva Kristlova (Yoga Life Studio)

Santillan Retreat has three spacious fully equipped uniquely designed yoga studios, two indoor and one outdoor. Carlo Studio, Studio Andaluz and Garden Shala.

The studios are fully equipped with all yoga props.

You will be able to enjoy daily yoga classes with Eva, energising Hatha Yoga in the morning and slow, restorative yoga in the evening. All yoga classes will be accessible to all students with modifications given to suit all abilities.



THERAPIES with Marie Lopez (Bliss Spa and Beauty)

Marie will be offering complimentary therapies in the mornings and afternoons and you will be able to choose either an Aromatherapy massage or an Indian head massage.

A truly blissful way to enhance your holiday experience and let any tension melt away.

In addition, Marie will be delivering an evening workshop, sharing her wealth of knowledge in all things skin related and teaching us a little self-care routine. A premium skincare pack will be given to each participant to use on the evening!



CATERING

Meals – our Mediterranean, vegetarian and vegan melas are based on organic produce grown under the Spanish sun, from the retreat gardens, local farmers, our chicken coop, fruit trees and herb garden.

Our chefs enjoy sharing their popular Spanish influenced healthy Mediterranean cuisine, catering for vegetarian, vegan and raw food diets, and for genuine food allergies and intolerances, such as gluten-free and diary-free.

Included is breakfast, lunch & dinner and the meals are usually served buffet style.

Drinks:

Still water, coffee and teas are available 24 hours and are free of charge. For soft drinks, beer and wine we run an Honesty bar at an individually marked prices chargeable on checkout.



Santillan offers well-balanced healthy dishes with locally sourced mainly organic ingredients. This can include fish and traditional Spanish specialities such as paella etc.

Our produce is grown in our own organic vegetable garden or sourced from local farmers. Our avocado, orange, lemon, mango, apple, mandarin and tropical fruit trees offer their gifts for much of the year, and we keep free-range chickens for fresh eggs. You can pick your own oranges for your morning juice, or explore our farm and horticulture anytime. All food waste is processed in our wormery, providing us with natural fertilizer for the gardens. Lower food miles, organic produce and minimal waste to keep our carbon footprint waste low.



Santillan offers a wide range of indoor and outdoor facilities including a salt water pool at a peaceful sea facing private valley location. Complete your stay with a relaxing massage and explore the area, local beaches and towns and the beautiful Malaga city.

Some of the best beaches in the area are only a short car ride away, or 45 minute walk. Santillan has numerous paths for hiking ideal for seeing typical native places around the property. Santillan's location is unbeatable for those who want to know Andalusia as it is close to the beautiful cities of Sevilla, Cordoba and Granada.

Please see the separate guide for our trip suggestions, including Arabic baths, horse riding, water activities, shopping, botanical gardens and caves nearby, to name just a few.



What is included:

Accommodation

Full Board (3 meals per day – all dietary needs catered for)

Yoga classes

Massage

Skincare Pack

Not included:

Travel (we can help you organise travel if you wish)



PRICES:

SHARED ACCOMMODATION: £1250

SINGLE ACCOMMODATION: £1595

For more information and to book

please contact Eva on info@yoga-life.co.uk

Social media fan?

Find Santillan on Instagram @santillanretreat

Eva @evakristlova

Marie @blissspaandbeautysalon